

ABSTRACT OF THE DISCLOSURE

Instant fried noodles with lowered acrylamide.
This fried noodles may be prepared by a method
comprising kneading a mixture of raw materials
5 containing a cereal flour to prepare noodle dough,
preparing strands of noodle with the noodle dough, and
frying the strands of noodle to prepare fried noodles,
wherein pH of the noodle dough and/or pH of the strands
of noodle before the frying is so controlled that a pH
10 value of the fried noodles is 6.5 or less.